



One Day at a Time: The Devotional for Overcomers

Neil T. Anderson, Mike Quarles, Julia Quarles

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Many Christians are locked in a cycle of addiction, particularly in the areas of alcohol and drug abuse. Adapting his successful *Steps to Freedom in Christ*, Dr. Neil Anderson has provided an alternative model of recovery for substance and alcohol abusers--a model that has also freed hundreds of thousands struggling with other kinds of addictions. But the devil doesn't give up easily. So to further help recovering addicts still struggling with temptation, there is the *One Day at a Time* devotional. Here are inspirational readings that reinforce the *Steps to Freedom* and encourage those on the road to recovery. This product is for those who want to break free from a debilitating lifestyle of addiction, and for pastors and counselors to use with their clients.

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