



The Encyclopedia Of Addictions And Addictive Behaviors (Facts on File Library of Health and Living)

Esther, M.D. Gwinnell, Christine A. Adamec

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Millions of Americans - from adolescents to senior citizens - are ruled by addictive behaviors that may destroy their lives as well as the lives of their families, friends, and even strangers. "The Encyclopedia of Addictions and Addictive Behaviors" is an A-to-Z reference to addictive behaviors, their signs, symptoms, and causes, as well as how to recognize and treat them. More than 300 entries provide a comprehensive overview of individual addictions as well as overlapping issues, such as emotional problems, family dysfunction, and difficulties with employment. This invaluable resource also provides theoretical and practical information on how people who are addicted to various substances or behaviors can, with hard work and assistance from others, often recover and go on to lead normal, productive lives.

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