



Health in the Later Years

Armeda Ferrini, Rebecca Ferrini

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Health in the Later Years is geared to help people make better-informed health choices to increase the quality of their later life. Further, knowledge of health and aging assists individuals to better manage the aging process of their family members. Finally, the study of aging and health enhances professional opportunities in the field of gerontology. The text provides a comprehensive overview of the most important topics in health and aging. The latest edition of the textbook is completely revised to assure all information is up-to-date and accurate and well-referenced. This edition provides extensive and reputable web-associated resources to supplement the written material in the text, reflecting the needs of adult learners and allowing for more in-depth study of many topics. Interactive exercises, such as “What is your Opinion” and end-of-chapter activities have been expanded to provide teachers and students an opportunity to expand their classroom reading into real-life experiences.

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