



Her Way: Young Women Remake the Sexual Revolution

Paula Kamen

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It's been twenty-five years since Shere Hite's revealing report on American women's sex lives and, surprisingly, no one has undertaken an update—until now. Based on more than one hundred candid interviews with women representing a full spectrum of classes, races, sexual preferences, and relationship options, *Her Way* delivers a frontline account of today's sexual “evolution.”

Unlike the countless prescriptive books that give women a romanticized take on what they *should* be doing, *Her Way* offers an eye-opening perspective on what they *are* doing. Giving voice to their empowering experiences, journalist Paula Kamen provides a glimpse into the underreported world of modern post-boomer women, a generation that doesn't view men as mere meal tickets, enjoys guilt-free one-night stands, and is comfortable being single and making the decision to have sex—or not—on its own terms. An unprecedented portrait of contemporary womanhood's emerging new identity, *Her Way* captures a new way of liberated living.

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