



# Lesson Plans for Dynamic Physical Education for Secondary School Students (5th Edition)

*Carol Casten*

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**Lesson Plans for Dynamic Physical Education for Secondary School Students (5th Edition)** Carol Casten

By Carole Casten, California State University, Dominguez Hills

This complete guide provides instructors with a variety of lesson planning tools including objectives for each unit, benefits, necessary equipment listings, instructional activities, and quizzes and tests.

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