



Sexual Addiction: Freedom from Compulsive Behavior

David Powlison

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If you're struggling with a sexual addiction of any sort, you understand that feeling of being trapped, out of control, and afraid of being found out. No matter what you try, it seems impossible to break free from the lure of illicit sexual thoughts and practices. In CCEFs Sexual Addiction: Freedom from Compulsive Behavior, biblical counselor David Powlison encourages those who want to overcome their compulsive sexual behavior to remember that lasting change comes in degrees and is often a slow progressive process. Addiction sufferers will discover powerful action steps to take and introspective heart questions to ask as they seek to conquer this harmful sin issue. Even though sexual temptation is everywhere, God's power and resource is closer still because the Holy Spirit resides within us to meet our every need. All the minibooks in our Christian bookstore offer gospel-centered hope for everyday issues like parenting, marriage, and personal change. These easy-to-read discipleship and biblical counseling resources tackle lifes toughest issues in 30 minutes or less. Minibooks are frequently used by pastors and ministry leaders to help others apply biblical wisdom to specific life issues. Churches, biblical counseling ministries, and missional organizations make the minibooks available in their acrylic display cases to further discipleship and gospel-centered living.

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