



# The Complete Book of Food Counts, 8th Edition

*Corinne T. Netzer*

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# The Complete Book of Food Counts, 8th Edition

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\* Calorie counts \* Carbohydrate grams \* Cholesterol milligrams \* Sodium milligrams \* Protein grams \* Fat grams \* Fiber grams PLUS \* A conversion table for weight and capacity measures \* Alphabetized listing for easy reference \* And much, much more **The Complete Book of Food Counts**

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