

# The Everything Parent's Guide To Tantrums: The One Book You Need To Prevent Outbursts, Avoid Public Scenes, And Help Your Child Stay Calm (Everything®)

Joni Levine

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Does your child kick and scream when he doesn't get his way? Have meal times and running errands become emotional battles? *The Everything Parent's Guide to Tantrums* is your authoritative handbook to understanding what causes your child to have tantrums and which measures you can take to combat their occurrence.

Author Joni Levine helps you:

- Understand your child's temperament
- Identify external influences that trigger tantrums
- Avoid responding emotionally to an outburst
- Use effective methods for calming your child
- Deal with tantrums in public

Filled with realistic advice and practical tips, *The Everything Parent's Guide to Tantrums* is your key to a happy, well-adjusted child and peace at home-and elsewhere.



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