



Essentials of Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice

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The 4th Edition of this popular text clearly and concisely presents the fundamentals of psychiatric nursing in a user friendly design and reader-friendly writing style that reflects the voice of a single author. Continued emphasis on holistic nursing and mind/body connection includes both physical and psychosocial nursing diagnoses for physiological disorders (e.g., asthma, migraine headache, hypertension) and for psychological disorders (such as somatoform and eating disorders). It includes a brand-new chapter - Cultural and Spiritual Concepts Relevant to Psychiatric/Mental Health Nursing. It provides discussions of concept mapping and concept map care plans for all major psychiatric disorders. It provides up-to-date coverage of the latest psychotropic drugs. It features "Core Concept" boxes in all chapters. It provides updated NANDA terminology. It includes in-depth content on the bereaved individual, dementia, disaster nursing, and suicide, as well as psychosocial therapies. It provides comprehensive, information on psychotropic medications. It provides twenty-one sample "Client Teaching Guides" for psychotropic medications and psychiatric illnesses which then can be reproduced for use in patient education. It provides "Implications of Research for Evidence-Based Practice" for specific nursing interventions. It includes "Test Your Critical Thinking Skills" boxes with case studies and exercises. It includes appendices with DSM-IV-TR classifications, NANDA diagnoses and behaviors, critical pathways, and guidelines for mental health assessment, as well as a complete glossary.

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