



**[(Applied Theories in Occupational Therapy: A Practical Approach)] [Author: Rosanna Tufano]
published on (January, 2008)**

Rosanna Tufano

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Applied Theories in Occupational Therapy: A Practical Approach provides a comprehensive overview of theories and frames of reference in occupational therapy. Unlike other texts, there are no distinctions between specialty areas as current and developing theories are applied to a continuum of health and wellness for all age groups. Practical guidelines are included to assist with evaluation and treatment planning. The focus of this text is wellness rather than illness. Applications and learning activities use occupational theories for personal growth and self-improvement. These activities provide the reader with a guide through the reasoning process, enabling them to select and apply frames of reference in a logical manner. Learning theory and its application to occupational therapy intervention will become a rewarding experience for both student and practicing therapist. The origins of each frame will be included as well as their objectives, function-dysfunction continuum, and views of change and motivation. Practical applications of each frame along with case studies demonstrate a new and reasonable methodology to organize theory for occupational therapy intervention. With all of the changes occurring within this field, Applied Theories in Occupational Therapy provides readers with the necessary guidelines to succeed professionally.

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