



# Imbolc: Rituals, Recipes & Lore for Brigid's Day (Llewellyn's Sabbat Essentials)

*Carl F. Neal*

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Imbolc?also known as Brigid's Day?is a time to awaken from our months of introspection and start making plans for the future. This guide to the history and modern celebration of Imbolc shows you how to perform rituals and magic to celebrate and work with the energy of the re-awakening earth.

- Rituals
- Recipes
- Lore
- Spells
- Divination
- Crafts
- Correspondences
- Invocations
- Prayers
- Meditations

Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.

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