



# The Woman's Book of Courage: Meditations for Empowerment and Peace of Mind

*Sue Patton Thoele*

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# The Woman's Book of Courage: Meditations for Empowerment and Peace of Mind

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Written for women who are in transition, in recovery, or interested in personal growth, a selection of gentle, supportive meditations is designed to help women overcome fear, achieve their full potential, and develop inner strength. Original. 25,000 first printing. *IP*.

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