

# Believe in Yourself: An Adult Coloring Book featuring Positive Affirmations

I. M. Coloring, Don Cummings

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### Believe in Yourself: An Adult Coloring Book featuring **Positive Affirmations**

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You deserve a break, and coloring is a wonderful way to relax and enjoy yourself. This adult coloring book is filled with beautiful and unique designs featuring positive affirmations. Thinking positive thoughts about yourself will build confidence, and enable you to cope with the stresses of everyday life. Combine that with the therapeutic benefits of coloring, and it will turn on your imagination, awaken your senses, and give you hours of relaxation.

#### Get started coloring today!

22 unique designs.

Each image is printed twice!

No bleed-through because every coloring page is on a separate piece of paper.

Anti-stress management. Flowers, Butterflies, Animals and many different patterns.

Positive Affirmations on every coloring page.

Use your own coloring tools. Colored pencils, crayons, or markers.

#### What's inside! 22 Positive Designs!

- \*Everything will be Okay
- \*I am Beautiful
- \*Stay Confident
- \*Be Proud of Yourself
- \*You Can Do Anything
- \*You Can Do It!
- \*You Are a Winner!
- \*Never Give Up.
- \*You're Never Alone
- \*You Are Unique
- \*Be Confident and Strong
- \*Think Positive Be Positive
- \*Think Happy Thoughts
- \*Be at Peace
- \*You are Special
- \*Keep Smiling!
- \*Today is a New Day
- \*Keep Your Chin Up!
- \*You're an Amazing Person!
- \*Be Gentle With Yourself.
- \*You Matter
- \*Have Courage

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#### From reader reviews:

#### **Geraldine Noll:**

In this 21st centuries, people become competitive in each and every way. By being competitive currently, people have do something to make all of them survives, being in the middle of the particular crowded place and notice simply by surrounding. One thing that sometimes many people have underestimated this for a while is reading. That's why, by reading a reserve your ability to survive raise then having chance to stand than other is high. In your case who want to start reading a new book, we give you that Believe in Yourself: An Adult Coloring Book featuring Positive Affirmations book as beginner and daily reading guide. Why, because this book is more than just a book.

#### **Guadalupe Leatherman:**

The guide with title Believe in Yourself: An Adult Coloring Book featuring Positive Affirmations contains a lot of information that you can find out it. You can get a lot of gain after read this book. That book exist new knowledge the information that exist in this e-book represented the condition of the world at this point. That is important to yo7u to be aware of how the improvement of the world. This particular book will bring you throughout new era of the internationalization. You can read the e-book on your smart phone, so you can read this anywhere you want.

#### **Louis Trent:**

A lot of people always spent their very own free time to vacation or maybe go to the outside with them family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that is look different you can read a new book. It is really fun for yourself. If you enjoy the book you read you can spent the whole day to reading a reserve. The book Believe in Yourself: An Adult Coloring Book featuring Positive Affirmations it is quite good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. If you did not have enough space bringing this book you can buy the e-book. You can m0ore very easily to read this book from a smart phone. The price is not very costly but this book possesses high quality.

#### Verna Krell:

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