



# Get Gutsy: A Sacred, Fearless Guide for Finding Your Soul's Calling and Living Your Dream

*Jenny Fenig*

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## **Get Gutsy: A Sacred, Fearless Guide for Finding Your Soul's Calling and Living Your Dream** Jenny Fenig

You hold in your hands a story about a girl who grew up too fast, who tried desperately to be perfect, who tried to make everyone happy and ended up sad, lonely and addicted to chasing all the wrong things. It's a story about a woman hitting rock bottom. A story about a woman refusing to live lies anymore. A story about the power of dropping to your knees and asking for help from forces you just can't see. It's a story about spirit, about faith, about dreams, about becoming a fearless woman on a spiritual mission. A story about guts, soul, healing, recovery, and trusting your Inner Voice, told by Jenny Fenig, an award-winning entrepreneur, soulful coach, yogi, wife and mother. Part-memoir, part-personal growth guide, "Get Gutsy" is unlike any book you've ever read. Jenny lovingly and vulnerably shares the exact process she used to go from lost to living her soul's calling and getting richly rewarded along the way. Now it's your turn to experience the transformation you crave. With a potent concoction of stories, lessons, and simple action steps, you'll get the guts to join forces with Jenny and a crew of soul sisters to discover and do the work you were put on this planet to do. No more going it alone. No more waiting for the "perfect time." No more playing small and staying stuck in overwhelm. Are you ready to wake up to your calling and live your dream? Are you ready to belong to a tribe of courageous visionaries who are committed to making a massive difference in the world? You get one life. It's time to get gutsy. Leap! Editorial Reviews: "Intelligent, upbeat, heartbreaking and funny, Get Gutsy is one of the most inspire-you-to-action books you'll ever read. Prepare to be enthralled and transformed." —ALI BROWN Entrepreneur, Mentor, Philanthropist, CEO AliBrown.com "Now this is the kind of book I simply LOVE! Jenny Fenig has written a practical book to help us all reach for and achieve our dreams. It's overflowing with motivation and inspiration to live your GUTSY life!" —HIBISCUS MOON Author, Crystal Grids: How and Why They Work Founder and Director, HibiscusMoonCrystalAcademy.com "Jenny Fenig's heartfelt book will take your breath away. Her words will penetrate the depth of your soul and help you wake up even more to why you are here on earth. This book is not only a page turner; it is a life changer that will give you the kick start you need to rocking out the life you were born to live." —AMANDA MOXLEY AmandaMoxley.com "Jenny Fenig has created what many "self-help" books seek to be, but rarely are: a practical, soulful guide to self-celebration. Raw with illustrative, powerful, personal details that illuminate her own long road home to herself, Get Gutsy is part-memoir and part-toolkit, beautifully woven together for total package of vivid stories, real-life lessons, and powerful techniques that teach each reader how to clearly reflect and learn from her own unique experiences." —KELLY NEWSOME WhatsYourRitual.com "In this raw and revealing book, Jenny Fenig fearlessly shares her own authentic truth in order to rally us all to live our biggest dreams. She gives generously: her story, her practical tips and strategies, and heaps of encouragement, inspiration and love. Once you've devoured the message that Jenny has so beautifully and courageously shared, I'm positive you'll never be the same." —CHRISTINE GALLAGHER ShesGotClients.com "The beating pulse of this powerhouse book is an unspoken grief, a raw ache – and a radiant heart that won't stop pumping out hope. Grow Or Die. That's Jenny's motto. This revolutionary book will tattoo those words on your psyche. Jenny writes like a fallen angel coming home after a ten-year rave from hell. Equal parts grit and grace, Get Gutsy will change you – if you let it. Run don't walk to buy this book!" —RACHEL RESNICK, Literary Alchemist and LA Times Bestselling Author, "Love Junkie" WritersOnFire.com

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