



Psychology for Medicine

Susan Ayers, Richard de Visser

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This first of its kind comprehensive textbook covers all the psychology you need to know as an undergraduate medical student. The authors show the importance of applied psychological theory and evidence to medicine, and offer enough depth on the subject to span your entire degree. **Psychology for Medicine** is a unique mix of psychological theory and evidence with implications for clinical practice, clinical tips and case studies.

After an introduction, the text is split into four key sections that should suit all curricula:

- Psychology and Health covers core health psychology topics such as stress, symptom perception, health behavior and chronic illness.
- Basic Foundations of Psychology covers topics from biological, developmental, cognitive and social psychology that are relevant to medicine.
- Body Systems covers psychological research specific to body systems, including cardiovascular, respiratory, gastro-intestinal, immunology and reproduction.
- Healthcare Practice covers clinical skills and practice, including chapters on evidence-based medicine, communication skills and psychological intervention.

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