

# Weight Loss on a Budget: My Dirty Cheap Story of How I Lost 40 Pounds in 90 Days

Alicia Campton

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Weight Loss on a Budget: My Dirty Cheap Story of How I Lost 40 Pounds in 90 Days Alicia Campton I'm a single mom with 2 kids, I earn a low salary and I used to be 40 pounds overweight. Things seemed pretty hopeless for a while.

I thought my life was over, and so was my dating life. How could I get back my body when I was in such dire straights in every area of my life?

This story is how I managed to turn it all around, and how you can do the same, no matter where you are.

Let's get started!



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