



Gotta Ballroom

Christine Zona, Chris George

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Gotta Ballroom is your guide to dancing the waltz, tango, foxtrot, and Viennese waltz. Master instructors and professional dancers Christine Zona and Chris George describe and demonstrate every movement, providing you with the skills you need to glide across the dance floor like a pro.

Including a 64-minute DVD, *Gotta Ballroom* provides specific instruction for social success with the four most popular American style ballroom dances. This one-of-a-kind package breaks down both leader and follower roles to show basic footwork, body positioning, timing, styling, transitions.

With an interactive and structured approach, *Gotta Ballroom* will soon have you spontaneously moving with a partner and with the music. It provides the tools you will use every day (and night) as you immerse yourself in the experience, pleasure, and grace of American style ballroom dance.

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