



Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy

Ken Page

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"Among the best manuals for succeeding in finding and keeping love we have seen."—Harville Hendrix, PhD and Helen LaKelly Hunt, PhD

A program that not only leads to healthy relationships but that also steers us toward our own potential greatness—from well-known psychologist and relationship expert Ken Page.

Lose weight. Be confident. Keep your partner guessing. At the end of the day, this soulless approach to dating doesn't lead to love, it leads to insecurity and desperation. In *Deeper Dating*, Ken Page presents a new path to love. Out of his decades of work as a psychotherapist--and out of his own personal struggle to find love--Page teaches that the greatest magnet for real love lies in our "Core Gifts"--the places of our deepest sensitivity, longing, and passion. *Deeper Dating* guides us to discover our own Core Gifts and then teaches us to extricate these gifts from the wounds that keep them buried, empowering us to express them with courage, generosity, and discrimination in our dating life. When we do this, something miraculous happens: we begin to attract people who love us for who we really are, we become more self-assured and emotionally available, and we lose our taste for relationships that chip away at our self-esteem. Without losing a pound, changing our hairstyle, or buying a single new accessory, we find healthy love moving closer. *Deeper Dating* integrates the best of human intimacy theory with timeless spiritual truths and translates them into a practical, step-by-step process.

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