



Transforming Wisdom: Pastoral Psychotherapy in Theological Perspective

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Transforming Wisdom offers an extensive, multidisciplinary introduction to pastoral psychotherapy from some of the most respected practitioners in the field. With special attention to theological perspectives on the practice of psychotherapy, this collection of essays will be useful to students seeking an orientation to the art and science of pastoral psychotherapy as well as to seasoned professionals looking to refresh and renew their practice. As the subtitle, Pastoral Psychotherapy in Theological Perspective, suggests, this book is intended to represent the field of pastoral psychotherapy as a mental-health discipline that maintains intentional dialogue with its theological roots. Even as pastoral psychotherapy has developed from the ancient notion of the cure of souls to the current search for a psychology of happiness, therapists grounded in faith communities seek a practice that is respectful of all persons, mindful of the deep wisdom that emanates from the true self, or soul. While many contributors write from a psychoanalytic or psychodynamic perspective grounded in Christian theological idioms, diverse theoretical perspectives, including Emotionally Focused Couples Therapy, Narrative Therapy, Buddhist Mindfulness, and Jungian understanding of individuation, are represented.

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