



Your Pregnancy for the Father-to-Be: Everything Dads Need to Know about Pregnancy, Childbirth and Getting Ready for a New Baby

Glade B. Curtis, Judith Schuler

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Pregnancy can be a thrilling adventure for a couple. Although most attention is directed toward the mom-to-be, the nine months of pregnancy are an exciting, moving— and, yes, occasionally stressful!—time for the expectant father as well. Written with the needs and concerns of the dad-to-be in mind, this book includes a comprehensive glossary of terms, a resource section, up-to-date medical information, and tips for supporting your partner during pregnancy and the birth of your new baby. It will also help you be the best father you can be by covering such topics as:

- The tests and procedures your partner may undergo
- The impact of pregnancy on your relationship and how to handle it
- Ways to evaluate the expenses of having a baby
- How to be a great labor coach

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